

# ASA January Lunch Menu

1 No School	2 Quesadillas Fruit Vegetable	3 Ravioli w/ Marinara Sauce Dinner Roll Fruit & Vegetable	4 Chicken & Gravy Mashed Potatoes Fruit & Vegetable	5 Hot Dog Chips Fruit & Vegetable
8 Chicken Nuggets French Fries Fruit Vegetable	9 Homemade Pizza Fruit Vegetable	10 Chicken Parmesan Penne Pasta Fruit & Vegetable	11 Cheesy Breadsticks Marinara Dipping Cup Fruit & Vegetable	12 No School
15 No School	16 Cheesy Quesadilla Fruit Vegetable	17 Seasoned Rice Chicken Drumstick Fruit & Vegetable	18 Taco Soup Wheat Bread Sticks Fruit Vegetable	19 Chicken Burger French Fries Fruit Vegetable
22 Chicken Nuggets French Fries Fruit & Vegetable	23 Homemade Pizza Fruit & Vegetable	24 Corn Chowder Biscuit Fruit & Vegetable	25 Sausage & Egg on English Muffin Fruit & Vegetables	26 Fish Sticks Tater Tots Fruit Vegetable
29 Chicken Tenders French Fries Fruit & Vegetable	30 Cheesy Quesadilla Fruit Vegetable	31 Yogurt Parfait Yogurt, Fruit, Granola Vegetable		

Lunch Menu includes a whole grain or meat/meat alternative, fruit, and milk component in compliance with the National School Lunch Program. All Grains listed are Whole Grain Rich and 1% white milk is served daily. **Menus are subject to change without notice**

"This institution is an equal opportunity provider"